

Public Workshop



# The Savvy *Caregiving Series II* Caregiver Workshop

**Getting Ready for Post Discharge & Transitional Care**

**RM320**

- Early bird price until 20 October 2018
- Normal price RM350 per person
- Includes lunch, light refreshments, handouts & certificate of attendance

## **DATE & TIME**

**27 October 2018, Saturday**  
**9:00 am – 5:00 pm**

## **LOCATION**

**长乐集团**  
**Aged Care Group**  
10th Floor Wisma Mirama,  
Jalan Wisma Putra,  
50460 Kuala Lumpur.

Good discharge planning and care is important for patients and family caregivers to successfully reintegrate themselves back into the community.

**This full-day workshop is designed to support caregivers develop action plans that enable care at home. This will help both patient and caregiver adjust to daily living conditions more easily.**

The workshop will serve both first-time caregivers and those with experience in providing care.

Training will be conducted in English by an experienced nurse and aromatherapist.

► **SCAN QR CODE TO REGISTER ONLINE**





# Benefits

Attending this workshop could help you:

- ✓ reduce incidents of hospital admission and infection rate
- ✓ provide care more efficiently
- ✓ find effective support for caregiving needs
- ✓ receive practical tools and materials to aid you with caregiving
- ✓ learn practical skills through experiential activities

# The Savvy *Caregiving Series II* Caregiver Workshop

## Getting Ready for Post Discharge & Transitional Care

### WHO SHOULD JOIN?

Affordable with assessable post-event support, this workshop is for first-time caregivers and those looking to enhance their skillset in caregiving.

### WHAT YOU WILL LEARN

- Pre-discharge care
  - Discharge summary
  - Dietitian advise
  - Follow up appointment
  - Investigation results
  - Medication
- Home environment for care delivery
- Caregiver stress: 6 emotional stages
- Practical - Bed bath
  - Infection control: Hand washing & alcohol hand rub
- Aromatherapy: Stress management & oil testing for caregiver respite



Call **+603-2142 1666** or email **info@acgconcept.com.my** to enquire



www.acgconcept.com.my

### ORGANISER

ACG Concept is Malaysia's first Lifestyle Advocate in aged care. We are an organization whose purpose is to promote 'Healthy Ageing' as the modern lifestyle choice and empowering individuals to take charge of how they age. We organise programmes designed to activate functional ability and prosper individuals across the ageing spectrum.